

Did you know that **tobacco** use is the **single most preventable** cause of death **globally**?



**6 MILLION**



But, nearly **6 million** people are killed by **tobacco** each year.

And, if predicted, **more than 8 million** per year by 2030.

Do I want to be just another statistic?

If I quit my tobacco use altogether could I potentially reduce my risk of these GI-related diseases?



**GERD**  
**HEARTBURN**  
**GALLSTONES**  
**LIVER DISEASE**  
**COLON POLYPS**  
**PANCREATITIS**  
**PEPTIC ULCERS**  
**COHN'S DISEASE**  
**REFLUX DISEASE**  
**GASTRIC DISORDERS**  
**CANCER OF THE MOUTH**  
**CANCER OF THE STOMACH**  
**CANCER OF THE PANCREAS**  
**CANCER OF THE ESOPHAGUS**  
**INFLAMMATORY BOWEL DISEASE**

**Yes, I can!**



**And remember there are plenty of healthy alternatives to tobacco use!**

